

# Health and Social Care AAQ



Scan for Specification

Our two-year AAQ course covers a broad range of theories and concepts. You'll explore topics like how the body works, mental health, and person-centred care through a mix of exams and coursework, helping you build skills for university or a future career in the care sector.

## BEFORE YOU START

Key textbook to purchase: **Cambridge Advanced National (AAQ) in Health and Social Care Student Book ISBN: 9781009817400**

Over the past decade there have been a number of scandals across the NHS that focus on poor care and patient harm. Part of the role of people who work in healthcare is to ensure that any poor practices are reported, so that it can be tackled and prevented.

A current and ongoing case of poor care is the case of Lucy Letby (Trigger warning: The following documentary talks about harm to infants (babies) and the processes that enabled Lucy to be able to kill babies on a neonatal unit). Watch the following documentary:

[Lucy Letby The Nurse Who Killed/ BBC One 18/08/2023](#)  
(58 mins)

Whilst you are watching, write down at least 3 ways that the hospital and the staff could have prevented the harm Lucy caused to young infants.

Do some further research into the more recent charges that have been brought against Lucy Letby – include the number of babies she has now been charged with harming/killing.

An essential component of this course is knowing and understanding the 6 Cs of care.

Research the 6 Cs of care:

- Care
- Compassion
- Commitment
- Courage
- Communication
- Competence

Define what is meant by each C in the context of health and note down why it is an essential skill.



Research skills are an essential part of the health and social care course. For one of our units, you will learn about equality and diversity, and how health and social care professionals work together as part of a multi-disciplinary team. With this in mind, you will also study genetic factors that might affect development.

Complete research and write a short paragraph about EITHER Down's syndrome or cystic fibrosis.

You should include details about:

1. The specific genes associated with the disease.
2. The impact that the disease has on physical, intellectual, emotional and social development.
3. Any additional support a person with your disease might need at school or in the workplace.
4. Any medication a sufferer may need to take as a result of their disease.

Research and list 5 jobs that you could only undertake if you worked in the NHS.

Choose two from the list and outline the role and expectations in more detail.

Review those two to show why you would be interested in or suitable for that **career**.

LITERACY TASK

CAREERS TASK

KNOW THIS TASK

DO THIS TASK